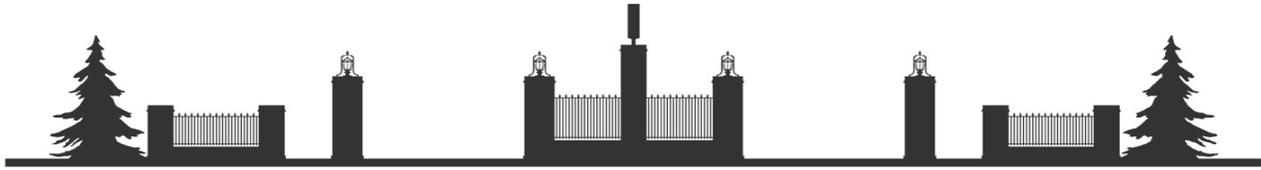


Guildwood Village Community Association



This flyer provides important information to all Guildwood residents about the COVID-19 virus and changes in the Association's plans as we seek to limit the spread of the disease.

Guildwood Day was originally scheduled for June 6th but will be postponed to a yet to be determined Saturday in September following Labour Day. While we are hopeful that the current situation will pass quickly, given the current spread rates of COVID-19, it seems very unlikely that restrictions on large gatherings and the need for social distancing will have passed in sufficient time to allow all community residents to safely attend and participate in the day's activities.

GVCA's 2020 Membership Drive Memberships are available through the membership link on the home page of our Guildwood.on.ca website. Membership cards will be delivered to your mailbox. Door-to-door canvassing will be postponed until we can be certain that the risk to our great volunteers and neighborhood residents has passed.

News and Views Spring Edition will be delivered through Canada Post to ensure that our ever-reliable delivery team does not risk exposure. The spring issue is currently expected to be in mailboxes by mid to late May.

Ensuring our neighbours are safe is what we do in Guildwood, but please be sure to check in with those who are a little older, who have underlying health issues, or are recently back from out-of-province travel to ensure that they have the provisions they need. If you can't reach out by phone, text or email be sure to maintain an appropriate distance of at least 6 feet or 2 meters. Even if they are fine, a few minutes of neighbourly chat will surely leave everyone a little happier. If you are in isolation for any reason and need non-urgent support please reach out to your neighbours or to the resources described below.

Reliable and up-to-date COVID-19 information is available through the City's website at www.toronto.ca/covid19 and remains the best place for Toronto residents to obtain information about the City's response to COVID-19, impacts to or modifications of City services and available resources. People are encouraged to check the website often for the latest information on programs and services as it is continuously updated. The City's website has a tool that can translate pages into 51 different languages. Using the City's website helps keep 311, 911 and Toronto Public Health phone lines open for critical calls from the people who need them most.

Regular COVID-19 email updates are provided by our City councillors, Jennifer McKelvie for Ward 25 and Paul Ainslie for Ward 24 to those that have signed up for them. Like the City's website, these emails provide the latest COVID-19 related information for residents of Toronto. Please add your name to their email distribution lists at www.jennifermckelvie.ca and https://paulainslie.com/forms/modules/form_builder/published/WardReportSignUp.php respectively.

GVCA email newsletters are normally delivered the first Tuesday of each month but important information will be shared more urgently if needed. Please sign-up for the GVCA's monthly email newsletter at <http://guildwood.on.ca/email-mailing-list/>. Follow us on Facebook (Guildwood Village Community Association), Twitter (@GuildwoodTO) and Instagram (guildwoodvillage)

COVID-19 self-assessment tools are provided through the City's website at www.toronto.ca/covid19 or directly at <https://covid-19.ontario.ca/self-assessment/#q0>

If you become ill with COVID-19 symptoms, you should self-isolate. Stay home and avoid close contact with others, including those in your home. Contact Telehealth Ontario at 1-866-797-0000 and your primary care provider's office.

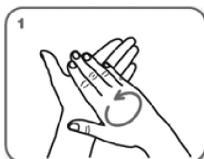
- Please do not visit an assessment centre unless you have been referred by a health care professional.
- Do not call 911 unless it is an emergency.

Social services supports are still available for residents in need. Through 211, operators can connect residents to income supports, distress lines, and mental health supports to name a few. Call 211 (available 24/7 in 150+ languages) to obtain up-to-date information.

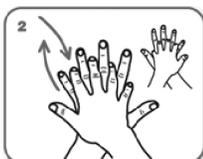
Support and referral to services for seniors are available through the Toronto Seniors Helpline at 416-217-2077 or 1-877-621-2077

Up-to-date best practices to avoid COVID-19 are available through the resources listed above but we have provided the information current as of the printing of this flyer below:

- Please stay home whenever you can, every interaction avoided helps to flatten the curve.
- Take every opportunity to avoid interactions with others through social distancing. This helps to prevent the spread of COVID-19
- Social distancing measures include:
 - Keeping two metres (six feet) apart from others
 - Avoiding crowds and gatherings
- Wash your hands often and thoroughly following the World Health Organization's instructions shown here:



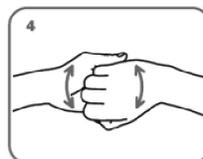
1
apply enough soap to cover all hand surfaces.
Rub hands palm to palm



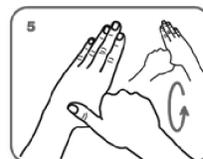
2
right palm over left dorsum with interlaced fingers and vice versa



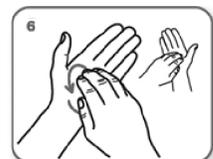
3
palm to palm with fingers interlaced



4
backs of fingers to opposing palms with fingers interlocked



5
rotational rubbing of left thumb clasped in right palm and vice versa



6
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.

Jim Whitney
GVCA President, on behalf of the GVCA Board of Directors
March 23 2020